

Community Action Team Reports (December/January)

Please list any highlights, events, etc. in the proper section below. This information will be requested monthly and 1-week prior to our JCHCC Membership Meeting, and then posted to www.JCHDonline.org for the community to review. Additional community reports can be added to page two. Send completed form to Mattl@JCHDonline.org.

Behavioral Health-Ashley Moss/Yvonne Marchal

• The Behavioral Health Action Team (BHAT) is currently working on a Self-Care Campaign for behavioral health providers. The team will be sending out the third of fourth campaign for this year. BHAT meets the third Thursday of the odd number months and the next meeting is Thursday, January 18th at 1:30p via Zoom.

Built Environment-Angie Kuehl/Molly Maxwell

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Diabetes Today Resource Team-Debi Johnson/ Fanta Saidou

- Next Meeting will take place on February 22, 2024 at 11:30 12:30pm via Microsoft Teams.
- 2024 Meeting Schedule (Thursdays)
 - February 22nd
 - o April 25th
 - o June 27th
 - o August 22nd
 - o October 24th
 - o December 26th

Healthy Living-Toni Kay Wright/Niki Hoesman

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Healthy Seniors-Becky Doiron/Robin Ridgley

- Skipping December meeting will reconvene in January
- January meeting is a team recruitment event (will meet on 1/18 at 3pm at Robs pit BBQ) Please invite anyone who might be interested in serving on the HSAT Team
- Date has been selected for 2024 Caregiver Retreat Friday, August 23, 2024 at Cornerstone Community Church
- Team will be volunteering to wrap gifts for shining start program with Shawnee Alliance
- Team will discuss new events for 2024





Joint Access to Care-Alicia Coates/Fanta Saidou

- Next Meeting will take place on February 20, 2024 at 2 3pm via Microsoft Teams.
- 2024 Meeting Schedule (Tuesdays)
 - o February 20th
 - o April 16th
 - o June 18th
 - August 20th
 - o October 15th
 - December 17th

Positive Youth Development-Cherie Wright/Mallory Mazanek

• The team is working on the schedule for Family Vacation Nights in 2024. The next one will be held on February 8th from 5:30-7:00 at 7168 Old Highway 13 W, Carbondale, IL Church of Jesus Christ of Latter-Day Saints. This will be a Parent-Child Valentine Dance. We hoping to replicate the success we had when this was held in February of 2020. Contact Cherie Wright if you would like to host a vendor table with a game/activity. We are also looking to schedule an in-person meeting to complete our strategic planning this spring. Our meetings are held on the third Tuesday of each month at 1:00pm by zoom.

Public Health & Medical Preparedness-Bart Hagston/Jamie Moore

- Earthquake Summit Thursday March 21, 24 Cape Girardeau, MO Earthquake Summit Agenda, Registration
- SPARC regional quarterly meeting 04/16/24 1PM Marion Pavilion Marion, IL.
- Jackson County Ambulance is now offering CPR classes for individuals and groups contact the headquarters office at 618-529-5158 for more information.

Sexual Health-Lori Brummer/Philip Partridge

Reminder of action team goals and purpose statement: "Reducing the transmission of sexually transmitted disease through the development of healthy sexual interactions."

- 1. Upcoming/recent events being facilitated by the action team in relation to those goals:
 - Sexual Health presentations given in October, November, and December of 2023-
 - -SIU Family Medicine residents on a departmental rotation through JCHD
 - -Shawnee Health Healthy Families, Case Managers/Doulas



- -Master of Public Health (MPH) class at SIU
- -Franklin Hospital Primary Care Clinic
- -Centerstone Transitional Living Program
- -Bachelor of Science Nursing (BSN) class at SIU
- HIV and Sexual Health staff participated at a SIU World AIDS Day commemoration event.
- Up to date STI diagnosis and treatment information @ https://www.cdc.gov/std/default.htm.
- Sexual Health Clinic appointments are available most Tuesdays and Thursdays. Contact Jen or Lori at 618/684-3143.
- Highly effective HIV Pre-exposure Prophylaxis (PrEP) is available at JCHD and at partner clinics throughout the region. Call 618/684-3143 ext. 150 to schedule an appointment at JCHD, or use ext. 170 to request assistance locating a provider close to home.
- The LGBTQ resource guide is available at <u>www.hsidn.org/lgbtq-resources</u>.
- 2. Future programming the action team is discussing:
 - The team has a new Facebook page "The Sexual Health Action Team" providing timely articles and educational resources regarding sexual health and services, and similar events in the region.
 - Parent/Teacher/Administration resource support to assist in the implementation of SB 818- Keeping Youth Safe and Healthy Act.
 - Offer additional provider education opportunities to highlight the importance of including sexual health services in primary care settings, and to review HIV and prevention resources available through So. Illinois Care Connect and JCHD.
 - Continued discussion to broaden our action team focus, incorporating consent/ sexual assault, termination / pregnancy/ pregnancy prevention, LGBTQ sexual health.
- 3. Barriers and successes the action team is encountering:
 - The team is seeking new members to broaden and increase depth with HCC partners.
- 4. Information, if available, on how other coalition members may be able to help:
 - Share our contact information with interested individuals.
- 5. The action team's next meeting date, time, and location:
 - The second Wednesday of even numbered months at 3:00 p.m.
 Jackson County Health Dept. (BACS building) Conference Room 2
 The next in-person meeting is February 14th
 A call-in option is available by request. Contact Philip at 618/684-3143 ext. 170

Southern IL Cancer Action Network-Angie Bailey/Jamie Currier

• The team continues to meet. Jamie Currier has had to resign as co-chair due to changes in position at ACS. Looking for a new co-chair. Goals: Increase cancer prevention, screening and survivorship in the lower 16 counties of Illinois with a focus on the following cancers; colon, breast, lung and cervical cancer. The next meeting will be held on Tuesday, Jan. 16th from 2 – 3:30 pm. Staff of Washington University will present on their SAFE Step toolkit aimed at colon cancer. Meetings are held the 3rd Tuesday at 2pm on odd months. To join or learn more contact Angie Bailey at angie.bailey@sih.net.



Additional Community Membership Reports

CARBONDALE

AT THE TABLE

DINNER & DIALOGUE JANUARY 16TH AT 5 PM CARBONDALE CIVIC CENTER

The City of Carbondale kicks off the Carbondale "At the Table" Dinner & Dialogue series on January 16th in recognition of the National Day of Racial Healing. Community members will come together to discuss a range of topics while enjoying a meal.

> CARBONDALE AT THE TABLE IS FREE AND OPEN TO THE PUBLIC

SCAN the QR Code to register or email Dianah McGreehan at dmcgreehan@explorecarbondale.com for more info

Food by Bake Me Happy, Food Co







• The Carbondale "At the Table" Dinner & Dialogue Series will be held January 16th at the Carbondale Civic Center. Doors will open at 5pm. From 5:30-7:30pm, community members from diverse backgrounds will engage in dialogue around a range of topics while enjoying a community meal. This event is free and open to the public. Please fill out the form below to let us know you are coming and tell our host a little bit about yourself. *Only your name and contact information are required. **The dialogue will pertain to topics of identity. Please email any additional questions to Dianah McGreehan at dmcgreehan@explorecarbondale.com

Attendees and Chat:

Good morning, please enter your name and organization in the chat box:

- Jamie Moore- Jackson County Health Department
- Dale Ritzel, SIU Carbondale, Retired, Public Health
- Kitty Juul, SIU School of Medicine Center for Rural Health and Social Service Development
- Bart Hagston, Jackson Co Health Dept
- Angie Bailey, SIH Community Benefits
- Becky Robinson, Director of Development, Community Health and Emergency Services, Inc.
- Molly Maxwell, City of Carbondale
- Jill Tiltsworth Southern Region Early Childhood Programs
- Fanta Saidou, SIH
- Angie Kuehl Could I ask you to share the Holiday Light Recycling effort in the weekly email notice again. The deadline is coming up on Jan. 31, and I thought a reminder wouldn't hurt.
- Niki Hoesman Carbondale Park District
- Kyndra Minchew, SIH Community Benefits
- Christina Urban Jackson County Health Department
- Cherie Wright, SIH Community Benefits
- Kelli Corner, SIH Tobacco Disparities Grant Supervisor



- Philip Partridge, JCHD
- Jessica Hubbard- Jackson CO Health Department
- Emma Bigham Jackson County Health Department
- Kristen Matthews, SIU SoM Center for Rural Health
- Tina Overton--Egyptian Area Agency on Aging
- Aaron Seibert Outreach Liaison Centerstone
- Lynnette Torres, SIH, Pop Health
- Sara Kaiser, SIH, Population Health
- Cathy Harte, SIH Population Health
- Becky Doiron, Alzheimer's Association
- Sharon Scott, SIU Family Medicine
- Angie Kuehl, Jackson Co. Health Dept. Recycling Coordinator
- Margot Cepeda, Community Engagement and Partnership Coordinator, Marion VAM
- Mary Anne Miller, Telligen
- Sarah Miller, Shawnee Health is on. She is a call-in user. Will be on shortly.
- Toni Kay Wright-Sorry I am late got tied up on a phone call. Toni Kay Wright, Illinois Extension
- Mary Anne Miller 1/18/2024 8:41 AM is there sound?
- Angie Bailey 1/18/2024 8:42 AM Mary Can you hear? Kitty is speaking now...
- Mary Anne Miller 1/18/2024 8:43 AM I needed to change settings. OK
- Kim Romani 1/18/2024 8:46 AM I can Hear!. Thanks, Kim Romani CRHPC
- Danyelle Eilers, SIH Community Benefits Department
- Gloria Queriapa-Valdes Shawnee Health
- preventioneducator@empoweringsurvivors.org 1/18/2024 8:49 AM Is the MAR hotline number available that I can share?
- Sharon Scott 1/18/2024 8:49 AM for these new programs are there any positions open and if so where do you find the applications
- Aaron Seibert 1/18/2024 8:50 AM Is there a way to find out who you refer to once you work with the individual?
- Sharon Scott 1/18/2024 8:51 AM thank you
- Katharine Juul 1/18/2024 8:52 AM https://helplineil.org/app/home
- Sharon Scott 1/18/2024 8:52 AM thanks
- Aaron Seibert 1/18/2024 8:53 AM Yes, the first program you told about



- Toni Kay Wright 1/18/2024 8:54 AM HEALTHY LIVING ACTION TEAM: Healthy Living Jackson County,
 IL Facebook page Get Fit in the Frost Physical Activity Challenge runs through the end of February It's
 not too late to take part in the challenge!!
- Sarah Miller, Shawnee Health
- Tamara Caffey-Bey, Regional Hospital Coordinating Center (RHCC)
- Jeff Franklin, SIU Medicine, Center for Rural Health
- preventioneducator@empoweringsurvivors.org 1/18/2024 8:58 AM My mom and I love that challenge. We already have about 10 done.
- Niki (she/her) 1/18/2024 9:01 AM Healthy Living Action Team Facebook Page: https://www.facebook.com/profile.php?id=100090918811471
- Jamie Moore 1/18/2024 9:02 AM Earthquake Summit Agenda, Registration
- Cherie Wright 1/18/2024 9:03 AM <u>CPL website event</u> This link will take you to the vendor form and the flyer for the upcoming February Family Vacation Night.
- Carmalita 1/18/2024 9:14 AM https://cnoy.com/location/carbondale
- Molly Maxwell 1/18/2024 9:15 AM Thanks so much for your important work, Carmelita.
- Toni Kay Wright 1/18/2024 9:17 AM The Healthier Choices Made Easy Mobile Teaching Kitchen cart
 will be at the Carbondale Community Farmer's Market at the University Mall from 10 1 this Saturday.
 We will be making and tasting Three Sisters Soup. Come by and see us!
- Angie Bailey 1/18/2024 9:19 AM SIH Cancer Action Network additional updates from today: Lisa Hinton, Associate Director, State Parnterships lisa.hinton@cancer.org, Guest speaker at Jan. 16th meeting Julia Maki shared re: CRC toolkit and Safe Step study. Available to assist and training healthcare providers, etc. jmaki@wustl.edu. Rudy Bess Hopelight Foundation Started the Ovarian Cancer Partnership first meeting held Jan. 9th. Please contact Rudy Bess or Dracos, Elise N. Elise.Dracos@lllinois.gov to be added to the e-mail list.
- ACS IL Lung Screening Tobacco Survey
 Thank you for your interest in participating in the 2023 Illinois Lung Cancer Prevention, Awareness,
 Screening, and Tobacco Cessation Needs Assessment! The survey questions will aim to assess current opinions and practices related to smoking cessation and lung cancer screening in Illinois. The American Cancer Society of Illinois intends to use the results from this assessment to improve outcomes related to



lung cancer and tobacco cessation for all Illinoisans. This survey is being hosted by Washington University School of Medicine in partnership with the American Cancer Society of Illinois. The survey will take approximately 15-20 minutes to complete. The majority of the survey questions are multiple choice. While your responses to this assessment are anonymous, there are several demographic questions that are intended to help the American Cancer Society develop local interventions. While we would appreciate any information you are willing to provide, you are welcome to skip any question you would prefer not to answer or that does not apply to you. Any report or article that is written based on the results of this assessment will not identify you. ACS IL Lung Screening Tobacco Survey (wustl.edu)

- Kelli Corner 1/18/2024 9:19 AM Southern Illinois Tobacco Disparities Partnership will meet each month on the 4th Wed. at 11am. Save the date Tuesday, April 23, 2024 for an all-day conference being held at JALC.
- Cherie Wright 1/18/2024 9:19 AM The next Youth Mental Health First Aid Training will be January 30 at the Illinois Education Association in Carterville. You must register to attend. Contact me at cherie.wright@sih.net for registration information and the flyer.
- Kyndra Minchew 1/18/2024 9:20 AM Save the Date, the Southern Illinois Tobacco Disparities
 Partnership is planning a Tobacco Prevention Conference to take place on Tuesday, April 23rd at John A.
 Logan College. More details to come. If you are interested in being a part of the planning committee,
 please contact myself (Kyndra.Minchew@sih.net) or Kelli.Corner@sih.net. Thank you!
- Angie Bailey 1/18/2024 9:21 AM Walk for Hope for Cancer Survivors, Saturday, Oct. 5th in Southern Seven Area - Please contact Rudy Bess for more information - Rudy Bess <coastallt@sbcglobal.net>
- Bart Hagston 1/18/2024 9:21 AM JCHD continues to administer flu and Covid vaccines, as well as the Arexvy RSV vaccine. We are aware of some general confusion about the three RSV products that have come onto the market over the past 6 months. Arexvy is a vaccine for those age 60 & older with certain medical conditions. Abrysvo is a vaccine for pregnant people given during 32 through 36 weeks gestational age, as well as for persons age 60 and older. Beyfortus is a monoclonal antibody for newborns and babies under 1 year of age born during or entering their first RSV season.
 Locating these products can sometime be a challenge. At JCHD, we carry Arexvy, we can order Abrysvo on demand, and we Beyfortus is in very limited supply, but we have a small supply through VFC for those eligible who are uninsured.
 - Also, we have free colorectal cancer screening FIT kits for people age 45-75. These at-home kits can be picked up at JCHD and are tested in-house upon return.
- Tamara Caffey-Bey 1/18/2024 9:21 AM There is some regional training being offered in the upcoming months. Visit <u>www.sparccoaliton.com</u>. Hit the Training Resources/Events tab to pull up the calendar of events.



- Cindy Johnson 1/18/2024 9:27 AM Follow this link to access the Substance Misuse Resource Guide. If you have updates or would like your agency's information updated, please send the information via PDF, Word document to cindy.johnson@sih.net. Thank you! Substance Misuse Resource Guide (squarespace.com)
- Angie Bailey 1/18/2024 9:28 AM Adult Mental Health First Aid Classes to be held in Jan, Feb and March. See Fanta for more information - <u>CARBONDALE</u>: <u>Adult Mental Health First Aid Training — Healthy Southern Illinois Delta Network (hsidn.org)</u>
- Angie Bailey 1/18/2024 9:30 AM Community Resource Referral Directory meeting will be held on Jan.
 22nd. Contact Angie to Lori to attend. Hope to see everyone there. Want to move forward with making a decision and determining next steps...
- Angie Bailey 1/18/2024 9:34 AM Always working to keep the HSIDN Resource lists up to date through the Joint Access to Care team. See link. <u>Resources — Healthy Southern Illinois Delta Network (hsidn.org)</u> Please send any updates to the person listed on the resource list.

End